

ЗАВДАННЯ
III ЕТАПУ ОЛІМПІАДИ З АНГЛІЙСЬКОЇ МОВИ
2023-2024 НАВЧАЛЬНИЙ РІК
ЧИТАННЯ
10 КЛАС

Text 1

Read the texts below and decide which answer *a, b, c* or *d* best fits each gap.

Feeding the Brain

It's no secret that a balance diet can help us keep in shape, as well as feel better; but the relationship between nutrition and thinking has only recently (1)___ to light. As it turns out, there really is such a thing as (2)___ for thought.

Elliot is nine years old. A year ago, he didn't (3)___ any effort into doing his schoolwork. His grades were poor, and he would watch TV rather (4)___ open any book when he got home from school. But the past year has (5)___ a dramatic change in Elliot's life. His school performance has greatly improved and he has (6)___ an enthusiastic Harry Potter reader.

Elliot (7)___ in a scientific study which required 100 children to make nutritional (8)___ of oils high in omega-3 fatty acids for six months. Omega-3 fatty acids are found naturally in oily fish (9)___ as salmon and sardines. This study suggests that omega-3 acids can improve brain functioning and enhance mental concentration and memory.

So if you want to become brainier, it (10)___ be a good idea to head to the fishmonger's more often.

- | | | | | |
|-----|----------------|--------------|------------------|---------------|
| 1. | a. put | b. come | c. got | d. appeared |
| 2. | a. eating | b. food | c. meal | d. snack |
| 3. | a. bring | b. take | c. put | d. set |
| 4. | a. then | b. as | c. better | d. than |
| 5. | a. got over | b. come into | c. brought about | d. taken up |
| 6. | a. developed | b. become | c. turned | d. grown |
| 7. | a. showed up | b. took part | c. hung out | d. stuck with |
| 8. | a. supplements | b. vitamins | c. refreshments | d. extras |
| 9. | a. such | b. like | c. alike | d. so |
| 10. | a. must | b. could | c. might | d. have to |

Text 2

Read the text and answer the questions 1-6

Extreme Sports

Extreme sports are described as activities which have a high level of danger. Examples of common extreme sports include skydiving, rock climbing, surfing, scuba diving, water skiing, mountain biking and snowboarding. These sports often involve speed, height and great physical effort.

Extreme sports differ from standard sports because they are affected by environment obstacles and challenges, including weather and terrain. Because natural obstacles, such as wind, snow, water and mountains, cannot be controlled,

they inevitably affect the outcome of the given sport or event. In contrast, in a standard sporting event, athletes compete against each other under controlled circumstances. While it is possible to create a controlled extreme sporting event, there are often factors which cannot be held constant. Examples include snow conditions for snowboarders, rock and ice quality for climbers and wave height for surfers.

Most people that engage in extreme sports do so for the so-called ‘adrenaline rush’. Under circumstances which cause fear, the hormone adrenaline is released, along with serotonin and endorphins, substances which produce a physical state of excitement and a general sense of well-being. Extreme sports fanatics claim that participating in such challenging activities allows them to develop their physical as well as mental skills and gives them the satisfaction of mastering inhospitable environments.

1. In order to be labeled as an extreme sport, the sport must
 - a. be physically exerting.
 - b. take place in harsh weather conditions.
 - c. be done at high speeds and altitudes.
 - d. have a high level of danger.
2. How are standard sports different from extreme sports?
 - a. Athletes do not compete against each other in extreme sports.
 - b. Standard sports are usually played in a controlled environment.
 - c. The outcome of a standard sport is constant.
 - d. Standard sports are always played, despite the weather.
3. Why are snow conditions, rock and ice quality and wave height referred to in the text?
 - a. Because they affect only specific sports.
 - b. They are referred to as factors that must be controlled.
 - c. They are given as examples of changeable conditions.
 - d. Because these conditions are necessary for each sport.
4. The hormone adrenaline is realized
 - a. when someone is excited.
 - b. when someone is relaxed.
 - c. when someone is frightened.
 - d. by serotonin and endorphins.
5. Extreme sports fanatics
 - a. have more advanced mental skills than regular athletes.
 - b. need high levels of serotonin.
 - c. have the ability to conquer all natural obstacles.
 - d. enjoy the adrenaline rush which accompanies extreme sports.
6. People who participate in extreme sports
 - a. get a sense of achievement from overcoming the obstacles.
 - b. enjoy being in inhospitable environments.
 - c. want to be allowed to participate in even more challenging activities.
 - d. need substances like serotonin and endorphins to develop their physical skills.

Text 3

Read the text and write T for true, F for False or NM for not mentioned.

The sky at night

By 1610 the Italian astronomer, Galileo Galilei, had built a telescope that was strong enough to see Jupiter. Near the planet he noticed some stars, but these stars changed position every night. He discovered that they were actually moons travelling around Jupiter. This proved that the Earth was not the centre of the universe, and this changed astronomy and science forever.

On a clear night, you can see about 2500 stars. During the day, the only star you can see is the Sun. The light from the Sun takes eight minutes to get to the Earth. So, when we look at the Sun we can see what it looked 8 minutes ago. The light from some stars takes thousands, even millions of years to reach the Earth. In fact, they might not even exist any more, but you can still see their bright light. So, looking at the night sky means looking back into history.

A shooting star has nothing to do with a star. These amazing streaks of light you can sometimes see in the night sky are caused by dust and tiny bits of rock called meteoroids. They fall into the Earth's atmosphere and burn up, producing light.

The moon goes through a lunar cycle from new moon to full moon and back to new moon in 29.53 days, or almost a month. We can see the Moon because sunlight reflects from its surface. But when the Earth goes between the Sun and the Moon, it blocks the light and the Moon appears to be a dark reddish colour. This is called a lunar eclipse.

1. Galileo discovered Jupiter's moons.
2. You can't see any stars during the day.
3. Some of the stars that we see in the night sky might not exist any more.
4. 2500 meteoroids enter the Earth's atmosphere every year.
5. Shooting stars can be dangerous to the Earth.
6. The time between a new moon and full moon is 29.53 days.
7. You can still see the Moon during a lunar eclipse.
8. A lunar eclipse happens once every year.

Text 4

You are going to read an article about Cinco De Mayo, an important Mexican holiday. Six sentences have been removed from the article. Choose from the sentences A-G the one which best fits each gap. There is one extra sentence which you do not need to use.

Cinco De Mayo

Cinco De Mayo, the 5th of May, is a celebration of Mexican heritage and pride. The holiday commemorates the victory of Mexican forces over French forces in the Battle of Puebla, which took place on 5th May, 1862. **1** ____ Cinco De Mayo is also widely celebrated in US cities with a significant Mexican population, as well as other locations around the world.

The population of Puebla, Mexico, celebrate Cinco De Mayo in a colourful, vibrant display of power and colours. In fact, the city of Puebla considers the

Cinco De Mayo celebrations to be the most important ones of the year and both the government and visitors make the most of it with lots of food, music and drinks. 2___ After the parade, food is the main attraction during the celebrations of Cinco De Mayo. There are numerous booths set up around the city displaying a variety of delicacies. Many of them often the most representative of Mexican cuisine: *Mole Poblano* is a thick spicy sauce that comes from blending more than 40 ingredients and is spread on top of turkey or chicken and Mexican-style red rice. 3___ Visitors can also enjoy fresh watermelon and orange juice, tacos and burritos, snow cones, and even candyfloss. Traditional fruit punch or lemonade is also served, as both are a classical part of Mexican cuisine.

In the United States, Cinco De Mayo has taken on significance beyond that in Mexico. The date is perhaps best recognized in the United States as a date to celebrate the culture and experiences of Americans of Mexican ancestry, much as St. Patrick's Day, Oktoberfest and the Chinese New Year are used to celebrate those of Irish, German and Chinese ancestry respectively. 4___ Celebrations tend to draw both from traditional Mexican symbols, such as the Virgin de Guadalupe and from prominent figures of Mexican descent in the United States, including Cesar Chavez. To celebrate, many people display Cinco De Mayo banners while school districts hold special events to educate students about its historical significance. Special events and celebrations highlight aspects of Mexican culture, especially its music and regional dancing. 5___ Commercial interests in the United States also benefit from the celebration, as the sale of Mexican products and services increases, particularly beverages, food and music.

6___ For example, a sky-diving club near Vancouver in Canada holds a Cinco De Mayo skydiving event. In the Cayman Islands, in the Caribbean, there is an annual Cinco De Mayo air guitar competition. As far as the island of Malta, in the Mediterranean, people in bars drink Mexican beer on May 5th.

A. Events tied to Cinco De Mayo also occur outside Mexico and the United States.

B. It is primarily a regional holiday celebrated in the Mexican state of Puebla, with some limited recognition in other parts of Mexico.

C. Examples include ballet *folklorico* and *mariachi* demonstrations held annually at the Plaza del Pueblo de Los Angeles, near Olvera Street.

D. At the centre of the Cinco De Mayo celebrations is the parade, as it showcases not only cultural icons, but also a great display of power, as the Mexican army, complete with tanks, marches through the streets.

E. Similar to those holidays, Cinco De Mayo is observed by many Americans regardless of their ethnic origin.

F. This dish is so popular that it is served on nearly every important occasion.

G. Due to the large number of Mexican immigrants, California is home to one of the largest celebrations of Cinco De Mayo in the United States.