

ЗАВДАННЯ
III ЕТАПУ ОЛІМПІАДИ З АНГЛІЙСЬКОЇ МОВИ
2023-2024 НАВЧАЛЬНИЙ РІК

АУДІЮВАННЯ
9 КЛАС

You will hear a radio interview with an expert on aromatherapy. Put + if the statement is true and – if the statement is not true.

1. Elizabeth came to the club to talk about the use of aromatherapy.
2. Essential oils are used for health purposes.
3. Hippocrates discovered the healing benefits of various essential oils
4. French army surgeon used essential oils as antiseptics.
5. Researchers have discovered that certain scents can affect your fitness.
6. The peppermint put the athletes in a good mood.
7. Cinnamon is the only scent that can improve performance.
8. Rosemary is the excellent muscle relaxant.
9. A drop of lavender on your pillow at night will help you sleep.
10. It is recommended to put a few drops on a tissue and simply inhale.

You will hear again a radio interview with an expert on aromatherapy. For questions 1-7, choose the best answer *a*, *b* or *c*.

1. Why are essential oils used for health purposes?
 - a. they are natural
 - b. they have a pleasant smell
 - c. they contain useful substances
2. How long does Elizabeth say aromatherapy has been used?
 - a. since World War II
 - b. since 1930
 - c. since ancient times
3. What purposes did the Greeks, Romans and Egyptians use aromatic oils for?
 - a. for medical treatments
 - b. for taking a bath
 - c. for relaxation
4. How can athletes use essential oils?
 - a. as antiseptics
 - b. as nutritional supplements
 - c. by inhaling them
5. Why is smell the most sensitive sense?
 - a. The nose is the most sensitive organ.
 - b. The brain reacts faster to smells.
 - c. It is closely related to taste.
6. What effect did peppermint have on the athletes?
 - a. They performed better
 - b. They felt happier than ever
 - c. They won the race.

7. What other scents have a very strong impact on athletes' performance?
 - a. cinnamon, ginger, and basil
 - b. rosemary, basil and marjoram
 - c. cinnamon, rosemary, and basil
8. Which of the following essential oils can calm you physically and mentally?
 - a. lavender
 - b. cinnamon
 - c. jasmine
9. Why are only a few drops of oils needed?
 - a. you could have a headache
 - b. you could have a backache
 - c. you could have earache
10. What does Elizabeth say about using essential oils?
 - a. You should inhale a large amount to get an effect
 - b. Using them the wrong way can cause bad side effects
 - c. You can only use them with water.